

White Tiger Dit Da Jow

Gu sui bu 骨碎補

Liu ji nu (also called liu yue xue) 六月雪 劉寄奴

Chuan xiong 川芎

Rou cong rong 肉蓯蓉

Du zhong 杜仲

Ru xiang 乳香

Mo yao 沒藥

Xue jie 血竭

Fu ling 茯苓

Luo shi teng 絡石藤

Xu duan (also called chuan duan or liu han) 六汗

Hai feng teng 海風藤

Wu jia pi 五加皮

Yu jin (also called jiang huang) 薑黃

Rou gui 肉桂

Sheng jiang (fresh ginger) 生姜

Bai zhi 白芷

Niu xi 牛膝

Wei ling xian (also called shan mu tong) 山木通

Dang gui 當歸

Xiang fu zi 香附子

Qin jiao 秦艽

Cang zhu 蒼朮

Jiang huo 薑活

Mu gua 木瓜